

MAY 2023

CHALK TALK

The Official Newsletter of
Sylvania Northview High School Volleyball



LOOK INTO THIS MONTH'S ISSUE:

**2023 Calendar & Important
Dates - 2**

**2023 NVVB Spirit Wear - 2
Physicals & Final Forms -2**

Summer Camps - 3

What's New for 2023? - 4

Fundraisers -4

Other 2023 Summer Events - 5

Website Content - 5

2023 Schedule Poster - 6



NORTHVIEW

VOLLEYBALL

LESS THAN 1 MONTH

by Chad Rutkowski, Head Coach

What a spring it has been! As April showers bring May flowers, May is the final month of preparation for the start of the NVVB season in June. We hope you find strength and time to commit yourselves to the start of what's to come! It will be here before we know it.

As our coaches have been all over the country watching our athletes compete for their club teams, one thing has been very apparent - our athletes have an unwavering love for Northview and the sport of volleyball. And, in all honesty, it is wonderfully refreshing to see it in action but to also hear about it from non-Northview athletes and parents alike. Thank you all for representing NVVB with high regard - it is certainly noticed by many.

30 days until our first Open Gym - June 13th | 78 days until Tryouts - July 31st

Every Monday, our Volleyball Office at the high school is open from 5:30 P.M. to 7:30 P.M. for Office Hours before Monday Night Small Group Work for Varsity if our athletes need to stop by for any reason.

Go Cats! Point Northview!

P.S. Returning Varsity players and other invited players can expect an E-mail from us before the start of summer programs for those invited to Ohio State University Team Camp.



2023 CALENDAR AND IMPORTANT DATES

Online Calendar for Northview Volleyball – Summer dates and practices are set for the 2023 season with a few minor changes to be expected. Please subscribe to this calendar on your mobile devices before our April 17th Meeting

- Computers and Mobile Devices:
 - Apple Devices: <https://tinyurl.com/ya5c3gjz>
 - Google and Android Devices: <https://bit.ly/307LzCA>
- **Tuesday, June 13, 2023** – First Summer Practice/Open Gym for Freshman Only –
- Incoming 9th Graders Summer Camps – Monday nights throughout June and July: bit.ly/3pA8mnr
- **Thursdays In July** - Summer League at Premier Academy in Maumee
- **July 14 – July 16, 2023** – Returning Varsity Players and Invited Players - Ohio State University Team Camp
- **Monday, July 31, 2023** – Tryouts – One Day Only – from 5:00 P.M. to 6:30 P.M. (Session #1) and 7:30 P.M. to 9:00 P.M. (Session #2)
 - Athletes will be required to attend both sessions
- **BEFORE July 31, 2023** – Spirit Wear Order Due

2023 NVVB SPIRIT WEAR

We ask that each parent reviews the content as soon as possible and sends back the Excel spreadsheet that will be shared with you to complete your order. As we will stress moving forward, we will only place orders for those that are on final rosters after July 31st Tryouts and all other orders will be deleted and not fulfilled. Order will be placed immediately the morning of August 1st at 9:00 A.M. to ensure that all gear and spirit wear be delivered in a timely manner. It is always the hope to have our gear before our first match. Payment for spirit wear items will be due on August 2, 2023 and needs to be paid with either a cash or check - no other forms of payment can be accepted.

PHYSICALS AND FINAL FORMS

As a reminder, all athletes need an OHSAA Pre-Participation Physical Exam form filled out and returned prior to participation. You will not be able to participate in any volleyball happenings until a physical has been turned in the coaching staff (this includes, but not limited to – open gyms, summer practices, conditioning, tryouts, leagues, etc.). Click [here](#) to access this year's [Physical Form](#).

Once again this year, Sylvania School will be utilizing the Final Forms platform to collect and record necessary and required paperwork for each athlete in their respective sport. If you have not already signed up for a FinalForms account, please visit www.sylvania-oh.finalforms.com and create an account. If you already have an existing account, please sign in and make sure that all information is up-to-date and applicable for the 2023 season.

Northview Volleyball is built on the following core values: Skill Development, Commitment, Sacrifice, Responsibility, Accountability, Dedication and Perseverance



SUMMER CAMPS

We are excited to host an array of Volleyball Summer Camps at Northview for all athletes that range in age and experience through the Sylvania Rec. This year, we will have programs which are intended to attract the interest of young campers to introduce them to the game as well as programs that seek to focus on advance, specific skill instruction for advance and experienced players. Under the direction of Northview Head Coach, Chad Rutkowski, and his staff, each of our camps will focus on making better volleyball players in a fun, competitive environment. All sessions of Northview Volleyball Camps are open to any and all entrants, limited only by capacity and age/grade level.

We host these camps in addition to our now thirteen (13) permitted summer coaching days that we are allotted throughout the summer per the Ohio High School Athletic Association. Any changes to these summer camps will be communicated as they become available.

Registrations will be available online by [clicking here](#) and will be available for registration coming this spring. Please be on the look out for information surrounding these various camp opportunities.

2023 SUMMER CAMPS



NORTHVIEW VOLLEYBALL • EST. 1977

<p>Asics Summer Site Camp <small>*for those not attending Team Camp*</small> Grades 9th - 12th July 24th - July 26th 9:00 A.M. to 2:15 P.M. Cost \$210.00</p>	<p>4th - 8th Grades Sylvania Recreation Summer Camp June 5th - June 8th 8:30 A.M. to 10:30 A.M. \$60.00</p>	<p>4th - 9th Grades Positional Camps <small>Limit 50 campers per session</small> \$20.00 per date 7:30 P.M. to 9:30 P.M. Monday, June 12th - Serving Camp #1 Monday, June 19th - Passing Camp Monday, June 26th - Attacking Camp 5:30 P.M. - 7:30 P.M. Monday, July 10th - Serving Camp #2 Monday, July 17th - Defense Camp Monday, July 24th - Setting Camp</p>
<p>Asics Summer Site Camp Grades 6th - 8th July 24th - July 26th 2:45 P.M. - 4:45 P.M. Cost \$105.00</p>	<p>K - 3rd Grades Sylvania Recreation Summer Camp June 5th - June 8th 11:00 A.M. to 12:30 P.M. \$45.00</p>	<p>7th - 9th Grades Tune Up for Tryouts Sunday, July 30th - All Skills 5:30 P.M. to 7:30 P.M. \$20.00</p>

FOR INQUIRES AND MORE INFORMATION, GO TO NORTHVIEWWILDCATS.ORG

ALL SESSIONS OF NORTHVIEW VOLLEYBALL SPORTS CAMPS ARE OPEN TO ANY AND ALL ENTRANTS, BOTH BOYS AND GIRLS | LIMITED ONLY BY NUMBER, AGE/GRADE LEVEL. GRADES AS OF FALL 2023.

If you have any questions regarding Northview Volleyball, call Chad Rutkowski, Head Coach at (419) 392-5669 or email chad.rutkowski@me.com



Everything listed in this newsletter is subject to change as schedules are fluid and sometimes need adjustments. We will always communicate as things are modified and hopefully changes are few and far between.



WHAT'S NEW FOR 2023?

One of the most asked questions we receive each off-season is "so, what fun new things are planned for the next season?" Although we can not reveal all of our secrets just yet, what we can tell you should excite and surprise you:

- The 2023 schedule is as tough as the previous 2022 and 2021 schedules... As we vie for our third District Championship in three years (2022 and 2020), and our first Regional Champion and Final Four appearance, our 2023 schedule consists of:
 - Division 1 State Runner-up - Magnificat
 - Division 1 Final Four and Regional Champion - Perrysburg
 - Division 1 Regional Runner-up and District Champion - Olentangy Liberty
 - Division 1 District Champion (Sweet 16) - Amherst Steele
 - Division 2 State Runner-up - Gilmour Academy
 - Division 2 District Champion - Liberty Benton
- The 2023 Schedule can be found online by [clicking here](#) or can be accessed on all of our social media platforms.
- Our Promotion Schedule is bigger and better with themes for each home match and giveaways for fan.
- Continued improvement with technology efficiency and execution in practice including more film sessions with our varsity squad, slow motion and delayed video playback, and practice recordings.
- We increased and heightened the focus of our Strength Training program with more lifting sessions for our athletes and the utilization of the Team Buildr App so our athletes can consistently workout with a structured plan full of instructional video, descriptions, and programs so they are maximizing their time in the weight room.
- The 2023 Spirit Wear is straight fire... and be on the look out for a website to purchase some of our gear throughout the year with some new and exciting logos and designs.

FUNDRAISERS

Each year, Northview Volleyball hosts a multitude of fundraisers to help raise additional support for our program to pay for summer leagues, and tournaments, purchase equipment, improve technology and the ongoing needs of our program as we continue to grow and invest in our athletes. All of these fundraisers need you and your networks to be successful and we appreciate your support and promotion of these events to make them successful. In addition, these are all on our Northview Volleyball calendar and will be posted on social media a couple of times leading up to that specific event:

- **Tuesday, May 30, 2023** - Northview Athletic Boosters Golf Outing at Highland Meadows
- Summer Camps with the Sylvania Rec (previously mentioned)
- **Wednesday, June 7, 2023** - Chipotle Dinner Fundraiser from 5:00 P.M. to 9:00 P.M.
 - Eat at Chipotle on Talmadge and 33% of your order returns to Northview Volleyball.
- Charlie's Ice Cream Fundraiser
 - JV - Sunday, August 6th from 3:00 P.M. to 6:00 P.M. | Freshman - Sunday, August 13th from 3:00 P.M. to 6:00 P.M. | Varsity - Sunday, August 20th from 3:00 P.M. to 6:00 P.M.
 - Eat at Charlie's in Sylvania and a portion of all funds come back to NVVB
- **Thursday, September 21, 2023** - Paddy Jack's Fundraiser from 4:00 P.M. to 10:00 P.M.
 - Eat at Paddy Jack's (owned and operated by a NVVB Family) and 20% of all food sales, both dine-in, and carry-out, will come back to support Northview Volleyball.
 - Thank to the Varwig family for making this annual event possible.



OTHER SUMMER 2023 EVENTS

NVVB has traditionally participated in a number of event throughout the summer months (June and July) and the 2023 season is no exception to that. In addition to our hosted Summer Camps list above, we will be participating in two (2) key summer events:

- **July 22 & 23, 2023** – Asics Summer Slam Tournament – Times TBD at Premier Academy
- **Thursdays in July** – Thursday Summer League (all players will participate each week) – At Premier Academy from 5:00 P.M. – 9:00 P.M. in July (refer to calendar for specific dates).

More information will be provided on both of these events as we get closer, but these are key events that will take place this upcoming July.

WEBSITE CONTENT

For the past couple of years, we have worked tremendously hard to maximize our resources and conserve the amount of waste that we have within our program. With that, we have digitized most of our materials and will share almost everything digitally with very little being sent in print form. This is always a chance for us to create some creative and innovative content which is exciting for the program. Please visit our website (www.northviewwildcats.org) and click on Team Files to access computer and mobile device backgrounds, daily checklist for athletes, links for match schedules only that you can share with family members.

We appreciate the support of going digital with most of our materials and hope that you will find them helpful and user friendly.

Follow us on social media

Facebook | Sylvania Northview High School Volleyball @NVHSVBALL

Twitter | @NVHSVBALL

Instagram | @NVHSVBALL

Snapchat | @NVHSVBALL

TikTok | @NVHSVBALL

Northview Athletic Website – www.northviewwildcats.org

Follow us on all social media platforms with username @nvhsvball

All Northview Volleyball resources can be found online. It is highly encouraged that you utilize the website as much as possible. All of our match results and pictures of our athletes can be found on our social media – please like, follow, share and be as active as you can with our social media posts! It is a wonderful way to get people engaged with our program.



12:30 P.M.
8.19.23



7:30 P.M.
8.22.23



7:30 P.M.
8.24.23



7:30 P.M.
8.29.23



6:45 P.M.
8.31.23



6:45 P.M.
9.5.23



7:30 P.M.
9.7.23



2:30 P.M.
9.9.23



6:45 P.M.
9.12.23



7:30 P.M.
9.14.23




1:30 P.M.
9.16.23



6:45 P.M.
9.19.23




12:30 P.M.
9.23.23



6:45 P.M.
9.26.23



7:30 P.M.
9.28.23



12:30 P.M.
9.30.23




6:45 P.M.
10.3.23



7:30 P.M.
10.5.23



1:30 P.M.
10.7.23



7:30 P.M.
10.10.23

HOME MATCHES - COLOR
 JV • 1.5 HOURS BEFORE VARSITY MATCH
 FRESHMAN • 2.5 HOURS BEFORE VARSITY MATCH

AWAY MATCHES - BLACK & WHITE
 ALL NLL MATCHES (EXCEPT FREMONT ROSS, SOUTHVIEW)
 FRESHMAN & JV • MATCHES WILL BE PLAYED AT THE SAME TIME 1.5 HOURS BEFORE VARSITY LISTED TIME

ALL NON-CONFERENCE MATCHES
 JV • 1.5 HOURS BEFORE VARSITY MATCH
 FRESHMAN • 2.5 HOURS BEFORE VARSITY MATCH

ALL TIMES ARE APPROXIMATE AS MATCHES WILL BEGIN 20 MINUTES AFTER OF THE CONCLUSION OF THE MATCH PRIOR

• VARSITY • OHSAA POST-SEASON STATE TOURNAMENT BRACKETS TO BE DETERMINED BY MID-OCTOBER
 MATCHES POSTED ONLINE & ON SOCIAL MEDIA

@NVHSVBALL
 WWW.NORTHVIEWWILDCATS.ORG



7:30 P.M.
10.12.23



1:30 P.M.
10.14.23

2023 SCHEDULE



NORTHVIEW
 VOLLEYBALL

